



Banana Chocolate Ice Cream

Ingredients

- 2 frozen bananas chopped
- 1 cup unsweetened soy milk
- 1 scoop of organic cocoa powder

Directions

- 1) Freeze the bananas and then chop into small pieces.
- 2) Place frozen bananas in blender with 1 cup of unsweetened soy milk and 1 scoop of organic cocoa powder.
- 3) Blend until mixture looks like soft ice cream (1-2 minutes)