



Cinnamon Peanut Butter Fruit Dip

Ingredients

- 1 Cup peanut butter
- 1 Cup plain whole milk yogurt
- 1 Tablespoon honey
- 1 Teaspoon cinnamon

Directions

- 1) Combine all in blender or just whisk together until combined.
- 2) Serve with apple slices, banana, graham crackers or anything else you can come up with!